

Freestyle Skill Levels Final Contents

Annotations:

- For circles, if not other stated: direction and diameter is up to the rider.
- Mounts are below

Legend:

- Base
- Beginner
- Intermediate
- Advanced

Levels

Base Level 1

- Mount Mount
- Ride 10 revs Riding
- Dismount Mount

Base Level 2

- Ride a circle Rotations
- 10x Hopping Hopping
- 10x Idling Idling

Base Level 3

- Ride a figure-8 Rotations
- Ride 10 revs backwards Riding

Freestyle Level 1

- 1 Beginner Mount Mount
- Wheel Walk Wheel Walk
- 1ft 1ft
- Ride Seat out Seat out

Freestyle Level 2

- 2 Beginner Mounts Mount
- 1ft Wheel Walk Wheel Walk
- Ride 3 circles (max. diameter = basketball circle) Rotations
- Ride Seat in back Seat out

Freestyle Level 3

- 3 Beginner Mounts Mount
- Gliding Gliding
- Ride 3 circles bwd Rotations
- Spin 10 revs Spin

Freestyle Level 4

- 1 Advanced Mount
- Kosh-Kosh
- (1ft) Wheel Walk to Standwalk frh
- Standwalk
- Backturn
- Hopping Seat out 10 times

Mount
Wheel Walk
Stand up
Stand up, Wheel Walk
Twist
Hopping

Freestyle Level 5

- 2 Advanced Mounts
- Stand Kosh-Kosh
- Gliding with 180° Tipspin to Wheel Walk
- Frontturn
- Spin 40 revs
- Drag Seat
- Aerial

Mount
Stand up, Wheel Walk
Gliding, Twist, Wheel Walk
Twist
Spin
Seat out
Hopping

Freestyle Level 6

- 3 Advanced Mounts
- Gliding to Standgliding frh
- Standgliding
- Seat-on-side Spin
- Wheelhopping
- 180° Hoptwist frh

Mount
Gliding, Stand up
Gliding, Stand up
Seat out, Spin
Hopping
Hopping, Twist

Freestyle Level 7

- 1 Advanced Mount
- Standsidewalk
- Cross-Over (circle)
- Drag Seat in-back
- 90° Unispin

Mount
Stand up, Wheel Walk
1ft
Seat out
Unispin

Freestyle Level 8

- 2 Advanced Mounts
- Coasting
- Pirouette 2 revs
- 180° Unispin

Mount
Coasting
Twist
Unispin

Freestyle Level 9

- 3 Advanced Mounts
- Standcoasting
- Standgliding Pirouette
- 360° Unispin
- Wheelhopping 180° Unispin

Mount
Stand up, Coasting
Stand up, Gliding, Twist
Unispin
Unispin

Mounts

Beginner Mounts

- Running Mount
- Side Mount
- Jump Mount
- Side Jump Mount
- Back Mounts
- Reverse Side Mount

Intermediate Mounts

- Kick-Up
- Flow Kick-Up Mount
- Jump Mount to Wheel-Walk/Seat-in-front/Seat-in-back
- Side Mount to Wheel-Walk/Seat-on-Side
- 180 Jump Mount
- Back Jump Mount
- Back Jump Mount to Wheel-Walk
- Floor Mount
- Mount to 1ft/Seat-in-front
- Pick up Mount to Seat-in-front/Seat-in-back

Advanced Mounts

- Jump Mount to Kosh-Kosh/Standwalk/Wheel-Hopping
- Kick up Mount to Wheel-Walk/Standwalk
- Running Mount to Gliding/Standgliding/Drag Seat-in-front
- Side Jump Mount to Wheel-Walk/Standwalk/Wheel-Hopping

Recommendations for Skill Execution Length

The skills are tested on their performance quality. Thus a specific length is not given above, but here are some recommendations for you, if you are still looking for some length (Unit is revolutions):

Wheel Walk: 4

1ft: 5

Riding Seat out: 7

1ft Wheel Walk: 5

Gliding: 5

Standwalk: 4

Kosh-Kosh: 4

Stand up Kosh-Kosh: 4

Drag Seat in-front: 6

Cross-Over: 8

Drag Seat in-back: 6

Standgliding: 4

Coasting: 5

Hand Walk: 3

Side Ride: 8

Standcoasting: 4

